

King George V School – November 2022

	21/11 Mon	22/11 Tue	23/11 Wed	24/11 Thu	25/11 Fri
Bowl - Monday: 12:00noon to 1:15pm; Tuesday to Friday: 1:00pm to 2:15pm					
Lunch Box A \$38	Minced beef & green pea fried rice 	Teriyaki chicken steak w/ rice  	Sweet & sour pork w/ rice 	Grilled chicken steak w/ gravy, rice  	Fried rice vermicelli w/ BBQ pork & vegetables 
Lunch Box B \$38	Chicken madras (chicken & coconut milk curry) w/ rice 	Double cooked pork slices w/ rice  	Spaghetti w/ chicken ragout  	Baked seafood macaroni w/ basil cream sauce  	Beef masala w/ rice  
Lunch Box C (Vegetarian) \$35	(Vegan) Linguini w/ tomato & broccoli stew   	(V) Baked fusilli w/ mushroom cream sauce 	(V) Vegetables Biryani  	(Vegan) Braised tofu & assorted vegetables w/ rice   	(V) Mexican bean stew w/ rice  
Leo's cafe					
Salad A \$35	Roasted chicken Caesar	Japanese green tea soba 	Tuna salad w/ Japanese dressing 	Roasted chicken Caesar	Japanese green tea soba 
Salad B (Vegetarian) \$35	(V) Potato salad w/ Thousand Island dressing  	(V) Greek salad  	(V) Pasta salad 	(V) Japanese cold udon w/ sesame dressing 	(V) Greek salad  
Piazza Pizza - Monday: 12:30pm to 1:15pm; Tuesday to Friday: 1:15pm to 2:15pm					
Pizza A \$27	Ham & cheese 	BBQ chicken & mushroom 	Pork chipolata & mushroom 	BBQ chicken & mushroom 	Meat lover 
Pizza B (Vegetarian) \$27	(V) Pizza marinara 	(V) Trio cheese 	(V) Pizza marinara 	(V) Trio cheese 	(V) Pizza marinara 

All lunches are packed in biodegradable wheat straw meal box & served with seasonal vegetables.

 Vegan  Dairy-free  Egg-free


QUALITY OF LIFE SERVICES

